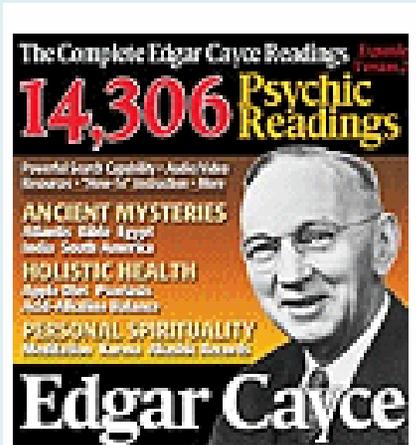


# A Comparison of Evolution of Consciousness Models

1

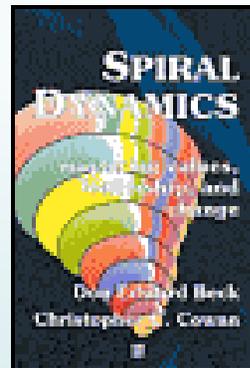


*Devolution & Evolution of The Soul (Consciousness)*

2

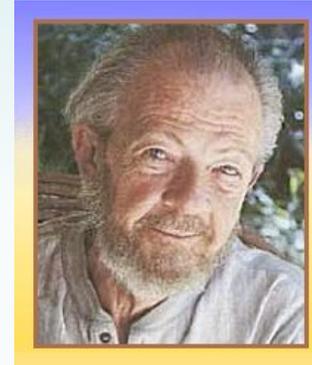


Don Beck, Ph.D

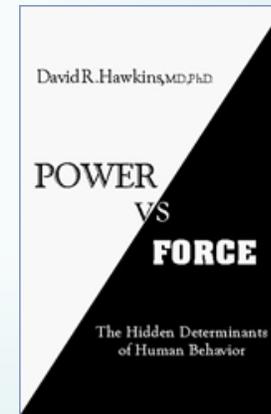


*Spiral Dynamics  
Mastering Values, Leadership  
and Change*

3

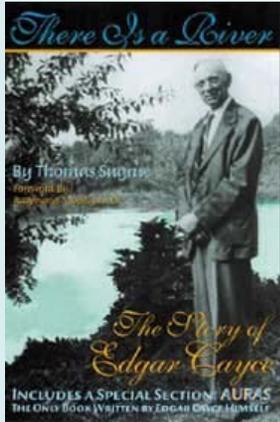


David R. Hawkins, M.D., Ph.D



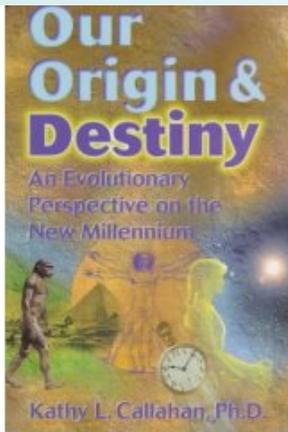
*Power vs Force  
The Hidden Determinants of  
Human Behavior*

# Edgar Cayce's Evolution of Human Consciousness Model



*“There Is a River: The Story of Edgar Cayce,” by Thomas Sugrue*

- Edgar Cayce, the “Sleeping Prophet” was born in 1877 in Hopkinsville, KY, spent most of his life doing 14,300+ “readings” while “asleep.” He died in Jan 1945 at the age of 67 in Virginia Beach, VA.
- From his “sleep” state, Edgar Cayce had quite a bit to say about the **Evolution of Consciousness**. However, he talked about it more in terms of the Soul’s Devolution and Evolution, which reflects the State of Consciousness of the Individual and Group Consciousnesses present & participating in this experience.



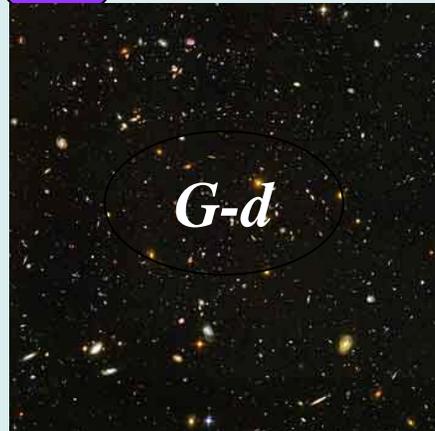
*“Our Origin & Destiny – An Evolutionary Perspective on the New Millennium” by Kathy Callahan, Ph.D.*

- Kathy Callahan, Ph.D. in her book *“Our Origin & Destiny – An Evolutionary Perspective on the New Millennium”* summarizes what Edgar Cayce had to say about the Origin and Destiny of Man’s Soul (and Consciousness), as well as what the Scientific (archaeological and anthropological) records have to say. Much of the following material is taken from her book.

1

# Edgar Cayce on the Devolution of the Soul\*

\*\* The Descent into Matter – Root Races \*\*



Attributes  
↓  
➤ State of Consciousness

Root Race

1<sup>st</sup>

Spirit Form

Spirit; Non-material manifestation

➤ G-d Consciousness

Luminescent Light energy; Material; not yet flesh; Able to enter & exit at will

➤ Diminishing G-d Consciousness

➤ Soul-memory still alive

2<sup>nd</sup>

Light Body

Physical manifestation imaged in the soul mind; Able to enter & exit at will; Gradually hardened as mind dwelt on carnal (ego oriented) thoughts

➤ Losing awareness of G-d Consciousness

➤ Soul-memory still alive

➤ Beginnings of individualized conscious mind

3<sup>rd</sup>

Thought Form

Physical manifestation – Flesh & Blood; Birth & death cycle; Density increased with time;

Created as the perfect vehicle for the soul to use on earth.

➤ Division of mind into 3 levels:

a) Conscious

b) Subconscious

4<sup>th</sup>

Human Body

*This is where all other Models start from*

# Edgar Cayce on the Evolution of Consciousness\*

– or the Evolution back to G-d Consciousness -

- As Kathy Callahan states:

“While G-d intended that the soul should experience the opportunities materiality offered, it was not intended that the soul permanently assume the characteristics of matter. The soul was to enter the earth plane in spirit form, and be ‘in the world’, but not ‘of the world’.”

- She further states that:

“The *mind* is responsible for the development of evolution of human consciousness. As the human species evolves, human consciousness evolves with it. As the human species learns more about the world in which it lives, human consciousness ‘shifts’ or ‘expands’ to accommodate that new perception.”

➤ This corresponds to what Don Beck refers to as *Consciousness vs. Life Conditions*

and

“Major shifts in human consciousness can be identified by the *Paradigm Shifts* which accompany them. As paradigms change, they create a variety of repercussions which can affect all areas of human existence, much like the ripples in a pond created by the throw of a stone.”

# Edgar Cayce on the Evolution of Consciousness\*

- continued -

Kathy identifies 3 primary *Paradigm Shifts*, or shifts in Human Consciousness, as indicated in the table below. As Dr. Callahan points out:

“A close examination of the three primary shifts in human consciousness will show a common thread runs among all three. Each [shift] was characterized by a paradigm change wherein a paradigm based on the sensations of the physical world [**Behavior by Emotion**] was replaced by a paradigm rooted in the mental world of thought [**Behavior by Reason**]....the **Concrete Reality** of the physical senses was replaced by the abstract quality of **Symbolic Thinking**, and **Biological Instinct** was replaced by **Learned Codes of Behavioral** rules.

Old Paradigm	New Paradigm	Associated Development
Behavior by Emotion	Behavior by Reason	<ul style="list-style-type: none"> <li>Systematic use of Fire</li> <li>- ~ 500,000 BCE</li> <li>- Homo erectus</li> <li>- Control of the environment</li> </ul> <p><i>Roughly Corresponds to Don Beck's Instinctive → Magical level</i></p>
Concrete Reality	Symbolic Thought	<ul style="list-style-type: none"> <li>Language</li> <li>- Linked speech centers in brain (Broca's area &amp; Wernicke's area)</li> <li>- Homo habilis / erectus ???</li> <li>- Neanderthal</li> <li>- Communicative</li> </ul> <p><i>Roughly Corresponds to Don Beck's Magical → Egocentric level</i></p>
Biological Instinct	Learned Behavior	<ul style="list-style-type: none"> <li>Emergence of Civilization</li> <li>- Coincident with human lineage</li> <li>- ~ 100,000 BCE</li> <li>- ~ 4000 BCE</li> <li>- The Great Leap Forward</li> <li>- Transmission of culture</li> </ul> <p><i>Roughly Corresponds to Don Beck's Egocentric → Authoritative level</i></p>

# Edgar Cayce on the Evolution of Consciousness\*

- continued -

## BODY, MIND, and SOUL

- Regarding the Evolution of Consciousness going forward [from the three paradigm shifts shown in the previous chart], Dr. Callahan states that the [last] paradigm shift was (and continues to be) the integration of **Body, Mind, and Soul**—“as evidenced by the presence of the Auric field.”
- She claims that:
  - “the process of spiritualization [the reconnecting with G-d Consciousness] is more than a tool for attaining personal spiritual enlightenment. It is also a mechanism by which evolutionary change—physical, mental, and spiritual—occurs. . . .Each time an individual chooses the spiritual over the physical, spiritualization occurs.”
- She goes on to say:
  - “What makes this particular time in history **[NOW]** significant however, is that people throughout the world are consciously awakening to the existence of this process and actively employing it not only for personal spiritual growth, but as a means by which we can [re]awaken *memory of the First Cause* within the human species and bring it to conscious awareness.”

# Edgar Cayce on the Evolution of Consciousness

- continued -

## A NEW PARADIGM

The increased acceptance of Mystical Experiences (Near Death Experiences, and other Medical Miracles created via the power of thought, etc.), the Increased Understanding of Quantum Physics, and the Increased Understanding of Universal Laws such as The Law of Attraction [*The Secret*], etc. is indicative of another *Paradigm shift* away from:

“Life is only that which can be perceived by the 5 physical senses.”

to

“Life is more than that which can be perceived by the 5 physical senses.”

Old Paradigm	New Paradigm	Associated Development
Life is only that which can be perceived by the 5 Physical Senses	Life is more than that which can be perceived by the 5 Physical Senses	Acceptance of Mystical Experiences <ul style="list-style-type: none"><li>– Near death experiences</li><li>– Medical miracles using the power of the mind</li></ul> Increased understanding of Quantum Physics <ul style="list-style-type: none"><li>– Understanding that our “mind set” or beliefs dictates or modifies what we perceive</li></ul> Increased understanding of Universal Laws; including the Law of Attraction

## The Shamanic Tradition

Self induced and controlled Mystical Experiences are a natural part of the Shamanic Tradition. The word Shaman, which comes from the language of the Tungus tribe in Siberia, denotes a person who travels in an altered state of consciousness to a “non-ordinary” reality.

# Edgar Cayce on the Evolution of Consciousness\*

- continued -

## THRESHOLD OF EVOLUTIONARY CHANGE

- Dr. Callahan states that *Mystics* and *Shamans* are “forerunners of change.” She further states that:
  - “there is growing evidence that the human species is developing from a five-sensory species to a multisensory species, as more and more people demonstrate the capability to discern information not perceptible to the five physical senses.”
- Kathy states that what makes this time [NOW] so exciting is that:
  - “for the first time in history, the human species is becoming cognizant of its own evolutionary process.”
- As to how or in what form this evolutionary change or “shift” will occur, she states:
  - “One idea proposes that there will be a spontaneous change in the human brain-wave pattern which will result in a significant expansion of mental capabilities. Others have suggested that humanity will experience a type of ‘spiritual awakening,’ whereby we have the immediate access to all spiritual knowledge and will transcend the body and move on to other realms of development. Still others have proposed that a radical physical change will take place, such as the instantaneous **mutation of the human genetic code or DNA structure**, which will endow us with extraordinary psychic and mental capabilities.”

# Edgar Cayce on the Evolution of Consciousness\*

- continued -

## MULTI-SENSORY vs. FIVE-SENSORY BEINGS

- As regards Multisensory Perception, Dr. Callahan proposes that *the sixth sense* is a “*Mental Sense*” that has already manifested within the human species, and in fact has been a part of our makeup for millions of years. She states that what we refer to as “the sixth sense” is actually the faculty of *Imagination*.
- An important distinction that Dr. Callahan makes however, is that she believes that Imagination is more than just a faculty or mental process, but in fact is a “*Mental Sense*” similar to our 5 physical senses.
- She further proposes that *Intuition is the seventh sense*, again a “sense” just like our 5 physical senses, not just a faculty of the mind.
  - Intuition comes from the Latin *intueri*, meaning “to know,” and has come to take on the meaning of “knowing without reasoning,” or “an immediate or instinctive perception of a truth.”
- Kathy states that “it [Intuition] enables the body-mind to incorporate the soul within its conscious awareness.” and further states that: “Once the intuitive sense is activated, memory of the First Cause is awakened, and the individual understands his or her true spiritual nature.”
- Lastly, Kathy states that “...the integration of all three of our components, body, mind, and soul, [is] what might be termed the fully integrated human.”

# Edgar Cayce on the Evolution of Consciousness\*

- continued -

## MULTI-SENSORY BEING (cont.)

- As Kathy states, “with the emergence of **the seventh sense of intuition**, the fully integrated human is beginning to tap into the etheric world of pure energy.”
  - The acceptance of the existence of this Etheric world by Quantum Physics is in my opinion a significant Paradigm Shift, the implications of which I can only speculate on.
- Dr. Callahan and Quantum Physics agree that our assumptions about what we are perceiving affects that which we perceive.

## Polynesian Huna Philosophy – “The world is what you think it is”

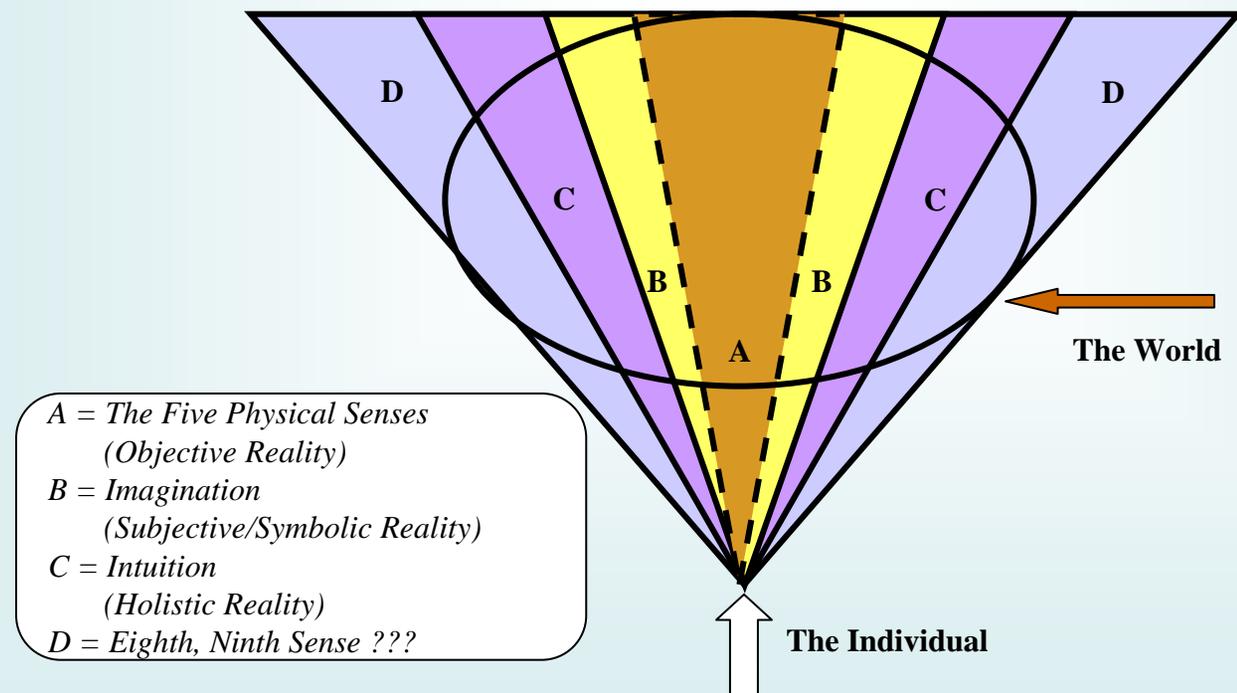
- In her book, Kathy states that *The Hawaiian Kuhuna Shaman system* acknowledges that there are four basic levels of experience
  - 1) The Ordinary world,
  - 2) The Psychic world,
  - 3) The dream world, and
  - 4) The world of being
- Kathy further states that “most people are unaware of these different levels of reality or perception, and move among them unconsciously.” The Shaman on the other hand is aware of their existence and can consciously travel between them by consciously choosing which set of beliefs to operate within.

# Edgar Cayce on the Evolution of Consciousness\*

- continued -

## MULTI-SENSORY BEING (cont.)

- As Kathy states; “the premise of this [Kahuna] system is very similar to that presented in the Cayce readings which teach that ‘mind is the builder’ and that ‘thoughts are things’.”
- These set of “beliefs” correspond to a **perceptual schemata** and are in fact paradigms. The following diagram (and the one on the following page) presents this as a **Model of Multisensory Perception**.



**A Model of Multisensory Perception**

# Edgar Cayce on the Evolution of Consciousness\*

## A Model of Multisensory Perception

### *A = Ordinary/Objective Reality*

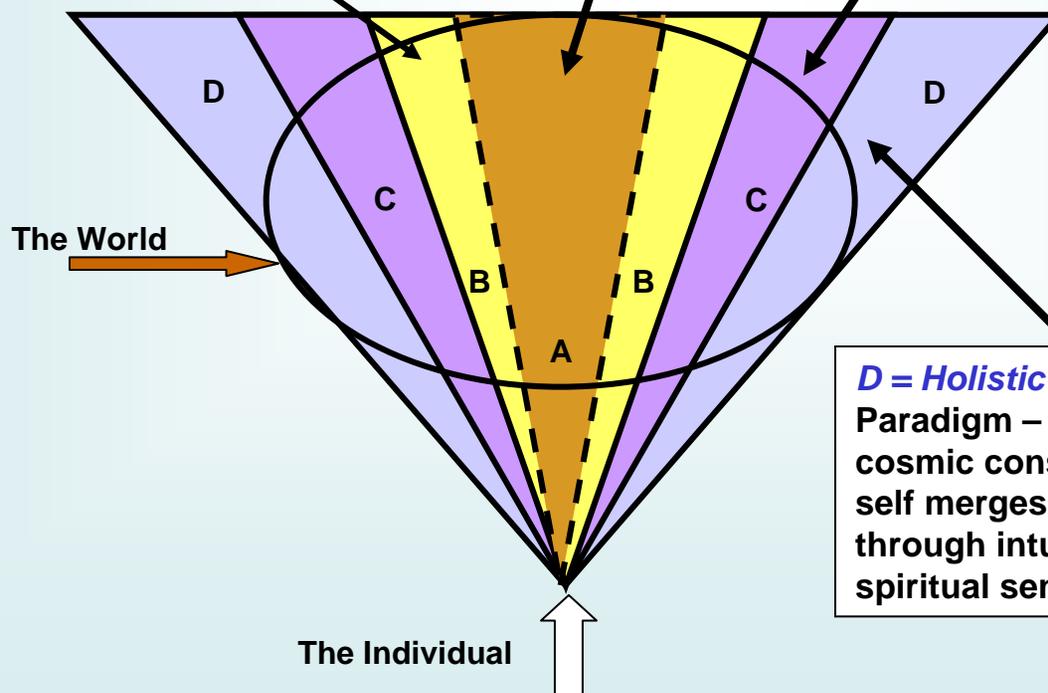
Paradigm – “all is separate”; the world of physical matter & objects. Perceived through the 5 physical senses.

### *B = Subjective Reality*

Paradigm – “all is connected”; the world of thought, ideas, and mental communication. Perceived through the sense of Imagination

### *C = Symbolic Reality*

Paradigm – “everything is representative of something else”; the world of associations, patterns and dreams. Perceived through the sense of imagination & possibly through intuition.



### *D = Holistic Reality*

Paradigm – “all is one”; the world of unity and cosmic consciousness, where the individual self merges with the God-Mind. Perceived through intuition and possibly through spiritual senses yet unknown

# Edgar Cayce on the 5<sup>th</sup> Root Race

In the readings, EC states that humankind is evolving [in Consciousness], and that a **5<sup>th</sup> Root Race** will evolve.

Specifically, in reading 5748-6 (A-17) it states:

**“This may not be entered without an understanding, for those that were left as guards may NOT be passed until after a period of their regeneration in the Mount, or [when] the **fifth root race** begins.”**

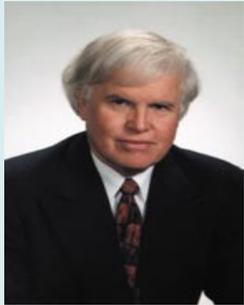
This reading was for a man who was in Atlantis, and the reading is referring to a question about the opening of the “record chamber, or record tomb [on the Giza plateau]”

In their book *Edgar Cayce on The Indigo Children*, Peggy Day & Susan Gale state that “Edgar Cayce [in his readings] indicated that a new ‘**root race**’ of souls was beginning to incarnate—individuals with deeply ingrained memories and powers of consciousness from former lives.”

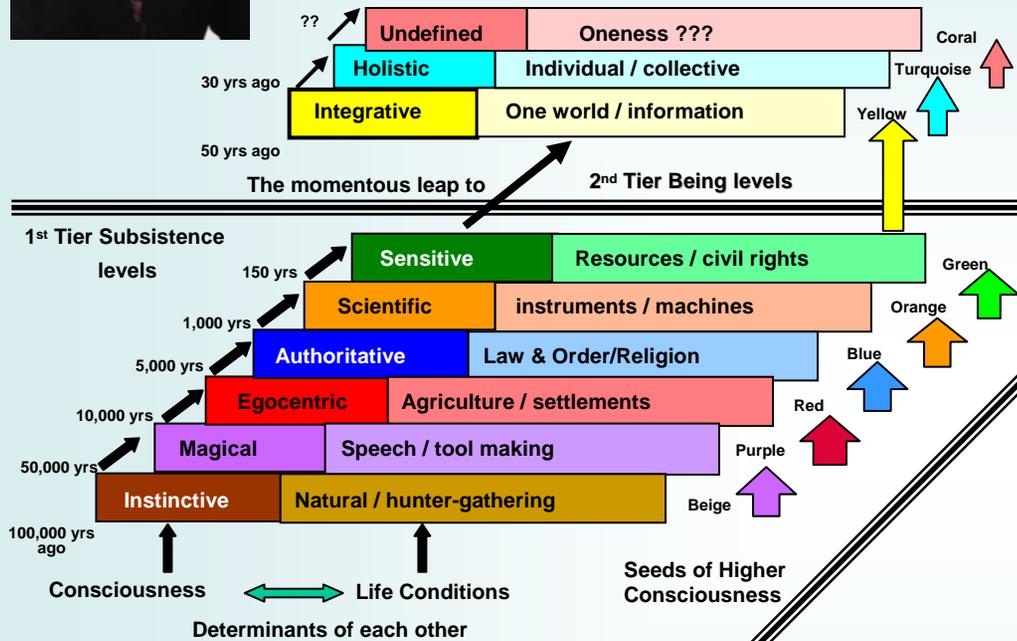
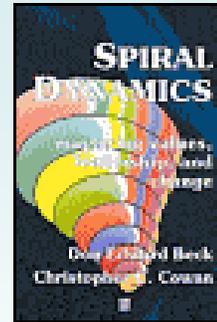
They further state that: “From his readings it was clear that these children were to bring memories primarily from two sources: **Atlantis** and **Lemuria**.”

**NEXT WEEK**

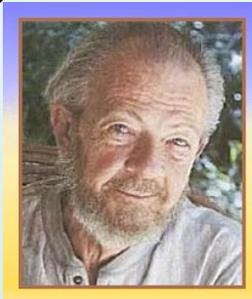
# Two Evolution of Consciousness Models



## Dr. Don Beck's Spiral Dynamics Model



2



## Dr. David Hawkins' Scale of Consciousness Model

3

